



The Treatment Suites
AT FAITHLEGG

ELEMS
PROFESSIONAL





Elemis Expert Touch Facials

Our globally renowned, hands-on facial treatments use touch as a powerful diagnostic tool, softening and prepping the skin to receive actives. This is where intuition meets expertise.

Elemis Expert™ Touch Renew Facial

Hydrate, Lift & Firm

Improve skin firmness, whilst reducing the look of fine lines and wrinkles with our clinically proven formulas and skin-lifting massage techniques. After just one treatment the complexion looks supremely hydrated, lifted and firm.

55 mins. | €120

Elemis Expert™ Touch Define Facial

Energise, Rejuvenate & Sculpt

This innovative facial captures the power of clinically proven, intelligent skincare to deliver transformative results for energised, rejuvenated and sculpted-looking skin.

70 mins. | €135

Elemis Expert™ Touch Reveal Facial

Resurface, Smooth & Glow

Powered by our patented Tri-Enzyme technology, this facial helps to minimise the look of pores and uneven skin texture, revealing skin that looks visibly resurfaced, smoothed and glowing.

55 mins. | €120

Elemis Expert™ Touch Nourish Facial

Cleanse, Rebalance & Revive

Boost skin radiance with our triple-cleanse facial with a blend of superfood-infused facial oils to leave your skin feeling nourished, rebalanced and revived.

55 mins. | €110

Elemis Expert™ Touch Express Facial

Cleanse, Moisturise & Rejuvenate

Your therapist will select the most suitable facial for your skin. Every ELEMIS personalised facial includes a skin analysis, cleanse, exfoliation, personalised facial mask and facial massage and finishes with an application of a booster moisturiser to suit your skin.

30 mins | €70

Elemis Expert™ Collagen Eye Boost

Brighten, Hydrate & Revitalise

Elevate your facial experience with our targeted eye treatment, specially designed to brighten, hydrate, and revitalise.

20 mins. | €65



Elemis Expert Tech Facials

BIOTEC facial treatments are where ground-breaking technology meets active ingredients and transformative touch. The pioneering innovation of the BIOTEC machine works in combination with the therapist to turbo-charge your facial results.

Elemis Expert™ Tech Smooth & Polish

Reset, Resurface & Brighten

Reset uneven skin tone and texture with our Ultrasonic Peel to refine, LED Light Mask to re-energise and Galvanic technology to nourish, revealing bright, polished and smooth skin.

55 mins. | €130

Elemis Expert™ Tech Radiance + Revive Facial

Rebalance, Nourish & Glow

Revive tired skin with our advanced Ultrasonic Peel, teamed with Oxygen Infusion to plump and Galvanic technology to nourish, leaving your skin rebalanced, nourished and radiant.

55 mins. | €130

Elemis Expert™ Tech Lift + Rejuvenate Facial

Renew, Plump & Tone

Restore your skin's vitality with our targeted Microcurrent technology for the ultimate skin lift, Ultrasonic Peel to gently exfoliate, and Oxygen Infusion to plump. Skin will appear renewed, toned and lifted.

55 mins. | €130

Elemis Expert™ Tech Sculpt + Firm Facial

Revitalise, Strengthen & Define

Our ultimate treatment, this multi-faceted facial is customised to target your skin needs using all 6 BIOTEC technologies for a transformative facial experience like no other. Your complexion will be left revitalised, strengthened and defined.

75 mins. | €145



Elemis Wraps & Scrubs

Intensely Cleansing Salt Scrub

Lime & Ginger

The extraordinary cleansing power of salt goes to work releasing toxins in this body polishing treatment. The fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells and perfectly prepping the skin. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing oil after a relaxing scalp massage. Delivers velvety soft, invigorated skin.

45 mins. | €100

Body Nectar Nourishing Frangipani

This lusciously fragrant, intensely moisturising body wrap will transport you to the Far East. The velvety texture of the Monoi Oil offers super-hydration, quenching a thirsty skin. The aromatic oil is applied using sweeping strokes with maximum attention paid to any particular parched areas. You are kept cocooned and warm while the mood-balancing aromatics and skin conditioning oils do their work. An emotionally grounding experience for skin that never felt silkier.

55 mins. | €110



Elemis Pre-Natal Treatments

Elemis Expert™ Peaceful Pregnancy Massage

Nurture, Restore & Calm

This tranquil and restorative mother-to-be massage deeply hydrates skin that is expanding to accommodate your growing baby. Aromatics formulated to be used safely during pregnancy are selected for optimum wellbeing, leaving you feeling nurtured, restored and calm.

55 mins. | €115

Elemis Expert™ Best Foot Forward

Refreshing, Soothing & Uplifting

Take a load off with this foot-focused tension releaser, specially designed for expectant mothers. This soothing foot ritual focuses on relieving swelling and tension in the feet and ankles, while promoting relaxation and comfort. Lower legs are gently exfoliated, bathed and massaged to leave feet supple and fragrant while enhance circulation and reduce fatigue, leaving you feeling refreshed, supported, and uplifted as you take each step forward.

30 mins. | €65



Exclusively Male

High Performance Skin Energiser

Rejuvenating, Hydrating, Revitalising

The hard-working facial for ageing, dehydrated skin and tired eyes to maximise cell regeneration. Multi-dynamic facial massage sequences boost circulation, whilst scalp and foot massages deeply relax.

55 mins. | €115

Shoulders, Face & Scalp Therapy

Reviving, Grounding, Tension-relieving

Indulge in the ultimate relaxation with our luxurious Shoulders, Face, and Scalp Therapy. This soothing treatment combines a gentle shoulder massage to release built-up tension, a rejuvenating facial massage to enhance circulation, and a calming scalp massage to melt away stress. Designed to leave you feeling deeply relaxed and balanced, this therapy restores your mind and body, offering a tranquil escape from the everyday.

25 mins. | €69

Golfers Stress Remedy Back Massage

Strengthening, Restorative & Energising

This back massage is designed for golfers and active individuals. This targeted back massage focuses on relieving muscle tension, improving flexibility, and enhancing recovery. Blending light to moderate pressure with soothing strokes, this treatment helps ease stiffness in the back, shoulders, and arms while promoting mobility, decreasing the chances of injury, and accelerating recovery—keeping you at the top of your game.

25 mins. | €70



Body Treatments

Swedish Full Body Massage

Swedish massage is a classic, full-body treatment designed to promote relaxation, improve circulation, and relieve muscle tension. Blending light to moderate pressure with long, flowing strokes and gentle kneading, this therapeutic massage soothes the body and mind, leaving you feeling refreshed, balanced, and deeply relaxed. Perfect for relieving stress and enhancing overall well-being.

55 mins. | €110

Anti-Stress Purifying Back Therapy

A comprehensive deep pore cleanse, exfoliation and moisturising of often neglected back skin. This important therapy helps reduce skin imperfections and normalise sebum secretions. Customised with a mini back massage to meet individual needs, this treatment will leave skin feeling cleansed and radiant.

40 mins. €85

Ultimate Journey

Embark on the Ultimate Journey, a truly transformative and deeply relaxing experience designed to rejuvenate your body and mind. This indulgent treatment begins with a soothing Swedish full-body massage, where long, flowing strokes and gentle pressure melt away tension and promote relaxation, enhancing circulation and leaving you with a sense of tranquillity. The experience continues with a calming scalp massage to release any remaining stress and promote mental clarity.

Next, your feet are treated to a refreshing exfoliation to slough away dead skin cells, followed by a nourishing mask that deeply hydrates and softens. This complete sensory journey is carefully crafted to restore balance to your body, calm your mind, and elevate your overall well-being. Perfect for those seeking a total escape, this luxurious treatment leaves you feeling completely renewed, refreshed, and blissfully relaxed from head to toe.

90 mins. | €160

Body Treatments

Continued

Tension Reliever Back Massage

Recharge with our 25 minute, focused massage targeting the problem areas of the back. Your therapist will customise your session with both pressure and technique, maximising your time and therapeutic benefit.

25 mins. | €70

Back Of Body Therapy

Unwind with our Back Body Therapy, a soothing Swedish massage designed to relieve tension in the most used and exposed muscles of the back, shoulders, thighs, and calves. This therapeutic treatment enhances circulation, eases muscle fatigue, and promotes deep relaxation, leaving you feeling refreshed and restored.

55 mins. | €110

Foot Ritual

Treat your feet to a luxurious Foot Ritual, featuring gentle exfoliation to smooth and refresh the skin, followed by a nourishing mask to restore hydration and softness. This revitalizing treatment soothes tired feet, enhances circulation, and leaves you feeling completely relaxed from the ground up.

25 mins. | €65

Face & Scalp Massage

Indulge in a soothing Face & Scalp Massage designed to relieve tension, enhance circulation, and promote deep relaxation. This gentle yet effective treatment revitalises your skin, eases stress, and leaves you feeling refreshed and rejuvenated.

20 mins. | €55

Indian Head Massage

Experience the ancient art of relaxation with our Indian Head Massage, a luxurious treatment inspired by traditional Ayurvedic healing practices. Focusing on the scalp, neck and shoulders, this calming therapy uses a combination of gentle pressure, soothing strokes, and rhythmic kneading to release deep-seated tension and promote a sense of peace. Designed to enhance circulation, alleviate stress, and ease muscle stiffness, this indulgent ritual clears the mind, soothes the body, and restores balance, leaving you feeling deeply relaxed and rejuvenated. Perfect for those seeking a holistic escape and a moment of pure serenity.

25 mins. | €69

Hand & Arm Massage

Relax and rejuvenate with our soothing hand and arm massage. Relieve tension, improve circulation, and experience ultimate comfort. Treat yourself to a moment of calm today!

20 mins. | €55

Foot Massage

Experience the soothing benefits of our therapeutic foot massage. Relieve stress, improve circulation, and restore comfort to your feet. Indulge in a moment of tranquillity today.

20 mins. | €55



Elemis Expert Massage Selection

Elemis Expert™ Transformative Hot Stone Massage

Soothe, Relax & Revive

This deeply transformative treatment incorporates heated volcanic stones that are worked into the body, persuading the muscles to relax with warm Body Oil to soothe a tired mind and relieve aching muscles.

25 mins. | €77

55 mins. | €115

70 mins. | €140

Elemis Expert™ Deep Tissue Tension-Ease Massage

Renewed, Focused & Grounded

Perfect for combating a busy lifestyle, this full body massage offers more than just muscle relaxation: it is tailored to ease tension and target deep-seated muscle knots, leaving you feeling renewed, grounded and focused.

25 mins. | €77

55 mins. | €120

70 mins. | €140

Elemis Expert™ Targeted Tightening Body Treatment

Tighten, Tone & Smooth

A powerful blend of minerals and seaweeds join forces to target cellulite and promote a smoother silhouette with our focused sculpting massage, for skin that looks and feels intensely tightened, toned and smoothed.

Choose from: Arms; Hips & Thighs; or Abdomen.

55 mins. | €125

85 mins. | €160



Day Spa

Relax & Revive With Lunch

Serene, Rejuvenating & Indulgent

Treat yourself to one of our exquisite 55-minute treatments, designed to rejuvenate your mind and body. Then enjoy a sophisticated lunch experience at The Aylward Lounge at Faithlegg Hotel, where exceptional cuisine meets a welcoming atmosphere. Savor a menu of thoughtfully crafted dishes, prepared with the finest locally sourced ingredients, all served in a setting that blends elegance with comfort.

- Swedish Full Body Massage
- Back of Body Therapy (Massage)
- Elemis Expert™ Touch Nourish Facial
- Body Nectar Nourishing Frangipani Wrap (Limited Availability on this one treatment)

€130

AFTERNOON TEA ESCAPE

Tranquil, Exquisite & Refined

Indulge in one of our 55-minute treatments, carefully designed to refresh and restore. Then experience the timeless elegance of Afternoon Tea at Faithlegg, where tradition meets luxury. Delight in an array of finely crafted finger sandwiches, freshly baked scones with clotted cream, and an assortment of delicate pastries, all accompanied by the finest selection of teas. Whether you're celebrating a special occasion or simply indulging in an afternoon of relaxation, our refined setting and impeccable service provide the perfect backdrop for an unforgettable experience.

- Swedish Full Body Massage
- Elemis Expert™ Touch Nourish Facial
- Elemis Expert™ Transformative Hot Stone Massage

€130

Ultimate Indulgence

Pampering, Rejuvenating & Sumptuous

Experience the “Ultimate Indulgence” with our bespoke package, designed to provide the perfect escape from the everyday. Choose two of our luxurious treatments, each tailored to relax and rejuvenate. Then enjoy a delightful lunch paired with a glass of bubbly. Before or after your treatments, you are welcome to fully enjoy our leisure facilities, including the jacuzzi, sauna, steam room, and pool. This package promises a full day of indulgence, leaving you feeling pampered, revitalized, and completely indulged in luxury.

Choose one treatment from options A & B:

Option A:

- Back of Body Therapy | 55mins
- Elemis Expert™ Transformative Hot Stone Massage | 55mins
- Anti-Stress Purifying Back Therapy | 40mins

Option B:

- Elemis Expert™ Touch Nourish Facial | 55mins
- High Performance Skin Energiser | 55mins
- Intensely Cleansing Salt Scrub – Lime & Ginger | 45mins (Limited Availability on this one treatment)

“Ultimate Indulgence” is per person only and cannot be split between 2 people.

€235

Cancellation Policy

All bookings must be secured with a credit card or payment. As a courtesy to other clients, we kindly request that you inform us of cancellations as early as possible. Please note that there is a cancellation fee of 50% if the cancellation is made within 48 hours of the treatment. No Shows or cancellations made within 24 hours of the treatment will be charged 100% of the treatment or programme price.

Etiquette

The Treatment Suites at Faithlegg Hotel are suitable for guests who are 18 years and over.

Please respect the privacy of other guests by speaking quietly and switching off mobile phones.

Please arrive 10 minutes prior to your appointment as this will allow you time to complete your consultation form and change before your treatment.

Robes and slippers are provided for all our hotel guests in their bedrooms.

Day guests will be provided with robes on arrival, upon request.

Lockers are available and require a €1 coin to operate.

Medical

Please advise the Treatment Suites of any allergies, medical conditions or disabilities prior to your arrival for treatments, e.g. pregnancy, high blood pressure, asthma etc. Some treatments are not recommended in the first 12 weeks of pregnancy and other treatments are cautioned for certain conditions, although your therapist may be able to tailor a programme to individual needs.

Late Arrivals

We kindly ask that you arrive 10 minutes before for your treatment to ensure you receive the full experience. If you arrive late, we will do our best to accommodate you, but please note that your treatment may be shortened to ensure we stay on schedule for other clients. We appreciate your understanding and cooperation in helping us maintain a relaxing and timely environment for all our guests.

Price Supplement

Please note that a price supplement applies to peak days.