

FAITHLEGG



TREATMENT SUITES

Feel Treasured







ELEMIS ANTI-AGING FACIALS

Pro-Glow Smooth

55 mins. | €120

Powerful resurfacing technology lifts away dead skin cells to smooth, renew and refine, whilst improving the appearance of skin tone and luminosity. Skin is prepped for an infusion of hydration that will double its moisture content, leaving it feeling plump and hydrated, whilst delivering an immediate and visibly tightened effect. After just one treatment, the complexion looks firmer, supremely smooth and rejuvenated.

Pro-Glow Resurface

55 mins. | €120

Purify and brighten as skin's texture is transformed. With a spotlight on enlarged pores, blemishes, and blackheads, this unique facial powered by patented Tri-Enzyme technology minimises the look of uneven tone, texture, fine lines, and pigmentation.

Dull, uneven, tired-looking skin will appear instantly brighter, smoother, and renewed.

Pro-Glow Genius

70 mins. | €135

Clinically proven intelligent skincare and our triple level approach to skin hydration results in transformative results for younger-looking skin.

Powered by our ULTRA-SMART technology, with a spotlight on deep-set wrinkles for maximum, multi-faceted facial rejuvenation and skin hydration, skin will be visibly smoother, resilient and firmer-looking.

An unsurpassed, line-fighting facial experience, skin will appear immediately firmer and more radiant after just one treatment.



ELEMIS BIOTEC 2.0 FACIALS

Supercharge your skin-enhancing results with our revolutionary BIOTEC technology. This 5-in-1 facial machine offers a combination of Ultrasonic, Microcurrent, Galvanic, LED Light Therapy & CryO2 technologies to lift, smooth, brighten and purify your skin. Clinically proven results include radiant, rejuvenated, and healthy-looking skin.

Pro-Glow Renewal Facial+

55 mins. | €130

For a healthy, gorgeous glow.

ELEMIS' signature deep cleansing skin wellness facial harnesses the goodness of Prebiotics and antioxidants to deliver a healthy-looking, lit-from-within glow.

After just one treatment, skin looks visibly refreshed and rebalanced.

Supercharged with ELEMIS' BIOTEC 2.0: Ultrasonic Resurfacing

Pro-Glow CryO2 Sculpt Facial+

55 mins. | €130

Freeze time for a fresh and youthful you.

An ELEMIS first, harnessing the power of sub-zero Cryotherapy, known to tighten. With a triple level approach to skin hydration, reveal a visibly lifted appearance and improve the look of deep-set lines, firmness and elasticity for instant skin-smoothness.

An age-defying facial experience like no other, skin feels energised and refreshed.

Supercharged with ELEMIS' BIOTEC 2.0: Ultrasonic, CryO2 & LED Light Therapy

Pro-Glow Resurface Facial+

55 mins. | €130

Reveal stunningly smooth skin.

Super-charged deep cleansing and powerful ultrasonic peel technology eliminate visible pollutants, dirt and impurities for an immediately clearer, brighter complexion. Gently resurfacing, helping to reduce visible dryness and smooth the appearance of fine lines.

Dull, uneven, tired-looking skin will appear instantly renewed and stunningly smooth and clear.

Supercharged with ELEMIS BIOTEC 2.0: Ultrasonic, LED Light Therapy & Galvanic



ELEMIS BIOTEC 2.0 FACIALS CONTINUED

Pro-Glow Brilliance Facial+

55 mins. | €130

Your recipe for radiance.

Experience our ultrasonic peel technology and brightening enzymes to deep clean and remove visible pollutants, make-up and city grime for happy, healthy skin. Hydrating technology and antioxidant-rich Superfoods will plump and smooth with a super-charged air massage to breathe life into your skin.

Immediately revealing a super-healthy complexion, you'll look and feel more radiant, relaxed, and glowing.

Supercharged with ELEMIS BIOTEC 2.0: Ultrasonic, O2 Infusion & Galvanic

Pro-Glow Smooth Facial+

55 mins. | €130

The ultimate hiit workout for your skin.

Ultrasonic peeling exfoliates dead skin cells to smooth and prepare the skin for line-fighting microcurrent technology, targeting lines and wrinkles for more radiant, youthful looking skin. Skin will appear more vibrant, with improved feeling of firmness and elasticity.

Supercharged with ELEMIS' BIOTEC 2.0: Ultrasonic, Microcurrent & O2 Infusion

Pro-Glow Genius Facial+

75 mins. | €145

The ultimate age-defying experience.

Harnessing the powerful benefits of all 6 ELEMIS BIOTEC 2.0 technologies, skin will be visibly smoother, more sculpted, and firmer with a spotlight on deep-set wrinkles for maximum, multi-faceted facial rejuvenation, and skin hydration.

An unsurpassed, age-defying facial resulting in a more lifted, radiant youthful appearance after just one treatment.

Supercharged with ELEMIS BIOTEC 2.0 Ultrasonic, Microcurrent, Galvanic, Light Therapy & CryO2



ELEMIS SKIN SOLUTIONS FACIALS

Elemis Express

30 mins. | €70

Your therapist will select the most suitable facial for your skin. Every ELEMIS personalised facial includes a skin analysis, cleanse, exfoliation, personalised facial mask and facial massage and finishes with an application of a booster moisturiser to suit your skin.

Elemis Eye Reviver

20 mins. | €65

An essential part of any daily skincare routine, our cutting-edge eye treatment support the delicate skin around the eye contour without weighing it down. These gentle yet power-packed eye cream, gel, mask and serum formulas help to reduce fine lines and wrinkles and keep your eyes looking firm, bright and nourished.

Pro-Glow Renewal

55 mins. | €110

ELEMIS' signature deep cleansing skin wellness facial, showcasing Prebiotics and antioxidant rich goodness to deliver a healthy-looking, lit-from-within glow.

In one treatment, skin looks visibly refreshed and rebalanced.

Pro-Glow Brilliance

55 mins. | €110

Turn up the brightness with our triple cleanse, melting away make-up, daily pollutants, and grime. Gentle resurfacing dissolves away dead skin cells to reveal healthy and clearer looking skin.

A fusion of Superfoods and antioxidant-rich facial oils plump the skin with moisture, whilst helping to nourish and protect.

Immediately revealing an outdoor-fresh glow, skin is left feeling fresh, radiant and healthy.



ELEMIS WRAPS & SCRUBS

Intensely Cleansing Salt Scrub – Lime & Ginger | 45 mins. | €99

The extraordinary cleansing power of salt goes to work releasing toxins in this body polishing treatment. The fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells and perfectly prepping the skin. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil after a relaxing scalp massage. Delivers velvety soft, invigorated skin.

Body Nectar Nourishing Frangipani 55mins. | €105

This lusciously fragrant, intensely moisturising body wrap will transport you to the Far East. The velvety texture of the Monoi Oil offers super-hydration, quenching a thirsty skin.

The aromatic oil is applied using sweeping strokes with maximum attention paid to any particularly parched areas. You are kept cocooned and warm while the mood-balancing aromatics and skin conditioning oils do their work. An emotionally grounding experience for skin that has never felt silkier.

Thousand Flower Detox Wrap 60 mins. | €120

Enriched by Somerset soil packed with tree, flower and grass rich nutrients, this treatment provides super skin health and powerful detoxification, helping to stimulate the elimination process and restore equilibrium.

Omega-rich Green Tea seed oil is massaged in to the skin followed by the Thousand Flower, vitamin-packed, super nutritious earth wrap encouraging the body to surrender its toxins. A nourishing Green Tea Balm, rich in minerals, proteins, and Omegas - the superfoods of the skin - is the final touch, leaving you feeling completely reinvigorated and the body firing on all cylinders.



PRE-NATAL TREATMENTS

Elemis Peaceful Pregnancy Massage 55 mins. | €115

This unique pregnancy massage is profoundly nurturing and tranquil. An intuitive, sensitive and relaxing massage hydrates and moisturises skin that is expanding to accommodate a growing baby. Only nurturing aromatics are imparted – along with wisdom, empathy and respect.

Elemis Best Foot Forward 30 mins. | €65

Take a load off with this foot-focused tension releaser. Lower legs and feet are thoroughly exfoliated, bathed and massaged to leave feet supple and fragrant.



EXCLUSIVELY MALE

High Performance Skin Energiser

55 mins. | €110

The hard-working facial for ageing, dehydrated skin and tired eyes to maximise cell regeneration. Multi-dynamic facial massage sequences boost circulation, whilst scalp and foot massages deeply relax.

Shoulders, Face and Scalp Therapy

25 mins. | €69

This luxurious massage aims to encourage the release of stress and tension with this nurturing treatment that targets the scalp, face, neck and shoulders.

Golfers Stress Remedy Back Massage

25 mins. | €70

This back massage for golfers can help decrease the chances of injury, accelerate recovery and enhance performance on the golf course.



BODY TREATMENTS

Swedish Full Body Massage

55 mins. | €110

This classical full body massage is designed to melt away stress and tension by blending light to moderate pressure with flowing techniques. Kneading, petrissage and effleurage are seamlessly applied to create a sense of overall balance and rejuvenation.

Tension Reliever Back Massage

25 mins. | €70

Recharge with our 25 minute, focused massage targeting the problem areas of the back. Your therapist will customise your session with both pressure and technique maximising your time and therapeutic benefit.

Anti-Stress Purifying Back Therapy

40 mins. | €85

A comprehensive deep pore cleanse, exfoliation and moisturising of often neglected back skin. This important service helps reduce skin imperfections and normalize sebum secretions. Customized with a mini back massage to meet individual needs, this treatment will leave skin feeling cleansed and radiant.



BODY TREATMENTS CONTINUED

Ultimate Journey | 90 mins. | €160

A Swedish full body and scalp massage together with refreshing exfoliation and mask to the feet.

Back Body Therapy | 55 mins. | €110

A Swedish massage focusing on the most used and exposed muscles of the back, shoulders, thighs and calves.

Foot Ritual | 25 mins. | €65

Refreshing exfoliation and mask to the feet.

Face and Scalp Massage

20 mins. | €55

Indian Head Massage

25 mins. | €69

Hand and Arm Massage

20 mins. | €55

Foot Massage

20 mins. | €55



MASSAGE SELECTION

Hot Stones Massage

Nothing gets into the belly of the muscle like a hot stone. Bathed in the intensely moisturising warm body oil, a curated range of basalt stones are selected to address exactly what you need. They are worked over the body, deep into the muscles, getting into areas of tension at a profound level, persuading the muscles to release their trapped energy. The result is sparkling vitality with the added bonus of intensely hydrated skin.

Deeper than Deep Hot Stones Back
25 mins. | €77

Deeper than Deep Hot Stones Body
55 mins. | €115

Deeper than Deep Hot Stones Body
70 mins. | €140

Free Style Deep Tissue Massage

Enjoy a deeper massage designed to release neuromuscular tension, stress and fatigue. This massage will help address areas of chronic tension with moderate to deep pressure.

Deep Tissue Back Massage
25 mins. | €77

Deep Tissue Body Massage
55 mins. | €120

Deep Tissue Body Massage
70 mins. | €140



AFTERNOON TEMPTATIONS

€89

Indulge in Afternoon Tea following your choice of one treatment from the following options:

- Elemis Express Facial
- Tension Reliever Back Massage
- Face and Scalp Massage
- Foot Ritual

Faithlegg Hotel, Faithlegg, Co. Waterford, Ireland
email treatmentsuites@faithlegg.com *telephone* +353 (0)51 380 055
www.faithlegg.com

FBI Hotels & Resorts