

## **Lunch Indulgence - €70 Monday to Friday Only**

- Lunch provided in the bar (Main, Dessert, Tea or Coffee)
- Choose one treatment from our list:
  - Back, Neck & Shoulder Massage.
  - Indian Head Massage.
  - Face and Scalp Massage.
  - Foot Ritual (Exfoliation, Massage and Masque to Feet)
- Use of Relaxation Room following treatment.
- Full use of our Leisure Centre, Gym and Pool for 2 hours.

## **Evening Escape - €85 Monday to Friday Only**

- Full use of our Leisure Centre, Gym and Pool before or after treatment.
- Choose one treatment from our list:
  - Body Polish Exfoliation.
  - Express Organic Facial.
  - Organic Back Therapy (Cleanse, Exfoliation, Massage and Treatment/Masque to the back)
  - Back, Neck and Shoulder Massage.
  - Hot-stone Back Massage.
- Use of Relaxation Room following treatment.
- 3 Course Dinner in the Roseville Rooms Restaurant from 5:30pm to 9:00pm.