

Aylward Lounge Menu

Food Served Daily from 12.30pm to 9pm

Seasonal Starters and Fresh Soups

Chicken Liver Parfait €8

Wild Wexford Mushrooms with Apple & Vanilla Marmalade and Blaa Crisps. **G, EG, CY, MK, TN**

Flanagan's Smoked Salmon Plate €15

Dressed in Fennel and Dill Oil with Golden Raisins, Capers & Homemade Brown Bread **G, F**

Dunmore East Fish Chowder €9.50

With Seagull Bakery Sourdough Bread **G, M, F, CY**

Minestrone Soup €8

Classically Made and Served with Grilled Black Olive Bread **G, MK, CY, SD**

Homemade Sausage Roll €9.50

Black Pudding & Smoked Knockanore Cheddar wrapped in Golden Puff Pastry with Homemade Tomato Chutney and Seasonal Leaves **G, MK, EG, TN**

Chicken Wings in a smoked BBQ Rub €10.50

With Cashel Blue Cheese Mayonnaise **G, MK**

Summer Salads

Whipped Goats Cheese and Pickled Pear €12

Candied Walnuts, Mixed Beetroot and Seasonal Leaves served with homemade Brown Bread **G, MK, CY, TN**

Chicken Caesar Salad €13

Crisp Baby Gem Lettuce, Parmesan Shavings, Free-range hard-boiled Egg and Garlic Croutons **G, EG, MK, TN**

Salad of Shredded Duck in Hoi Sin Sauce €14

Asian style Duck marinated in Hoi Sin and Sesame Seed Dressing, Crispy Shallot Rings and Bok Choi served with homemade Brown Bread **G, SY, SE, MK**

Caprese Salad €10.90

Grantstown Tomatoes, Toonbridge Mozzarella, Picked Basil and Drizzled with Olive Oil served with homemade Brown Bread **MK, G**

Super Salad €11.50

Quinoa with Feta Cheese, Beetroot, Pomegranate, Butternut Squash, Fresh Mint with a Lemon & Lime Dressing, served with homemade Brown Bread **G, MK, MD, CY**

Signature Sandwiches

Open Crabmeat on Brown Bread €13.50

White Crab Meat with Faithlegg Garden Fennel, and Wholegrain Mustard Crème Fraiche **G, M, MK, MD, CY, TN**

Piri Piri Style Vegetable Wrap €11.50

Roasted Seasonal Vegetables, Beetroot Hummus, Sliced Avocado, Baby Spinach, served with Sweet Potato Fries **G, MK, TN**

Faithlegg Club Sandwich €14

Chargrilled Chicken Breast, O' Herlihy's Back Bacon, Spiced Egg, Lettuce, Tomato, Homemade Mayonnaise and Hand Cut Chips **G, MK, EG, SD, CY, TN**

Open Steak Sandwich €16.50

Sirloin Steak Strips, Sautéed Mushrooms and Onions in a Peppercorn Sauce on Seagull Bakery Sourdough Bread, Garlic Aioli and Hand Cut Chips **G, MK, TN**

Traditional Sandwich €8

Please choose from the Following Options- **Honey Glazed Ham- Roast Chicken Breast-Curried Egg Mayonnaise- Mature Cheddar Cheese**
Served with Ed O'Donnell's Cheese and Onion Crisps and Seasonal Side Salad **G, TN, EG, MK**

All sandwiches can be made on Gluten Free bread

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Coffee & Teas

Americano €3
Latte €3.50
Cappuccino €3.50
Espresso €3
Double Espresso €3.90
Tea €3
Speciality Tea €3
Spiced chai Latte €3.50
Vanilla chai Latte €3.50
Hot Chocolate €3.50

We use Lavazza Fresh Ground Coffee Beans and fresh Dairy Milk, We Also Have Soya Milk Available

We only use the finest locally sourced produce including fish from both Mag Kirwan and Flanagan's Fishmonger and herbs from our own kitchen garden. We use vegetables sourced from local producers Eoin Dunphy and Gerry Walsh. We use Tramore based Seagull Bakery for our fresh breads.

We also work closely with Dawn Meats and specially select our beef and lamb from local farmers throughout Munster.

Major Allergens

The following is a list of major allergens, which some guests may seek to avoid. If you have any dietary or allergen requirements, please inform your server and we will endeavour to accommodate you

Gluten - G

Fish - F

Peanuts - P

Soybeans - SY

Milk - MK

Tree nuts - TN

Celery - CY

Mustard - MD

Sesame seeds - SE

Sulphur dioxide &

Sulphites - SD

Lupin - LP

Molluscs - M

(Mussels, Clams etc)

Main Courses

Steak n' chips €23.50

Chargrilled 10oz Sirloin Steak, Flat Cap Portobello Mushroom, Carrot Puree & Green Peppercorn Sauce MK, G, CY

Faithlegg Seafood Bouillabaisse €19

Classic Tomato Based Seafood Soup Fit for a King or Queen, Served with Baby Boiled Potatoes M, CY, F

Monkfish Scampi €17.50

Bite Sized Pieces of Monkfish in a Sesame Seed & Lemon Crumb, Garden Fennel with Chilli & Coriander Mayonnaise G, F, SE,

100% Ground Steak Burger €16.50

In a Chargrilled Brioche Bun with Sauté Onions, Knockanore Cheddar, Pickle and Baldy & Doyle Bacon Jam and Hand Cut Chips G, MK, TN

Baked Breast of Irish Chicken €16.50

With a Smoked Chorizo and Brie Cheese Stuffing, a Wholegrain Mustard Mash Potato and Red Wine Jus MK, G, MD, CY

Authentic Thai Red Chicken and Chick Pea Curry €17

Lemongrass, Chilli and Turmeric Based Curry served with Spinach, Sweet Potatoes, Rice, and Poppadum with a Mint Raita G, SY

Faithlegg Fish n' Chips €17

Fresh Locally Caught Haddock in Crispy Dill Batter, Hand Cut Chips, Pea & Mint Puree and Homemade Tartar Sauce G, MK, F

Sides

Hand Cut Chips €3.50 G

Sweet Potato Chips €3.50 G

Sautéed Onions €3.50 MK

Sautéed Wild Mushrooms €3.50 MK

Market Vegetable Selection €3.50 MK

Main Courses

Teas, Coffees & Sides